

## Resources and Bibliography for Attention Problems

### Organizations and Online Resources:

- Children and Adults with ADD (CHADD) ([www.chadd.org](http://www.chadd.org))
- Connecticut Association for Children and Adults with Learning Disabilities (CACLD) ([www.caclld.org](http://www.caclld.org))
- Smart Kids with Learning Disabilities ([www.smartkidswithld.org](http://www.smartkidswithld.org))
- National Association for the Education of Young Children ([www.naeyc.org](http://www.naeyc.org))
- National Attention Deficit Disorder Association (ADDA) ([www.add.org](http://www.add.org))
- National Resource Center on ADHD ([www.help4adhd.org](http://www.help4adhd.org))

### Reading Materials:

- *ADHD: What Every Parent Needs to Know* by American Academy of Pediatrics (2011)
- *ADHD: Strategies for Success: How to Help the Child with ADHD* by Wilson W. Grant (iUniverse, 2011)
- *The ADHD Workbook for Kids: Helping Children Gain Self-Confidence, Social Skills, & Self-Control* by Lawrence Shapiro (Instant Help Books, 2010)
- *The ADHD Workbook for Parents: A Guide for Parents of Children Ages 2-12 with Attention-Deficit/Hyperactivity Disorder* by Harvey Parker (Specialty Press, 2006)
- *The ADHD Workbook for Teens: Activities to Help You Gain Motivation and Confidence* by Lara Honos-Webb (Instant Help Books, 2011)
- *Delivered from Distraction: Getting the Most out of Life with Attention Deficit Disorder* by Edward Hallowell and John Ratey (Ballantine Books, 2005)
- *Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder* by Edward Hallowell and John Ratey (First Anchor Books/Random House, 2011)
- *The Gift of ADHD: 101 Ways to Turn Your Child's Problems into Strengths* by Lara Honos-Webb (New Harbinger Publications, 2008)
- *The Myth of Laziness* by Mel Levine (Simon & Schuster, 2003)
- *Navigating ADHD: Your Guide to the Flip Side of ADHD* by Tracy Bromley Goodwin and Holly Oberacker (AuthorHouse, 2011)
- *Overcoming ADHD: Helping Your Child Become Calm, Engaged, and Focused – Without a Pill* by Stanley Greenspan (Da Capo Lifelong Books, 2009)
- *Smart but Scattered: The Revolutionary "Executive Skills" Approach to Helping Kids Reach Their Potential* by Peg Dawson and Richard Guare (Guilford Press, 2009)
- *Spark: The Revolutionary New Science of Exercise and the Brain* by John Ratey and Eric Hagerman (Little, Brown & Company, 2008)
- *Superparenting for ADD: An Innovative Approach to Raising your Distracted Child* by Edward Hallowell & Peter Jensen (Ballantine Books, 2010)
- *Taking Charge of ADHD: The Complete, Authoritative Guide for Parents: 1<sup>st</sup> Edition* by Russell A. Barkley (Guilford Publications, 2000)

### Videos:

- *A New Look at ADHD* – Russell Barkley (2000)
- *ADD & Loving It?!* – Patrick McKenna and Rick Green (2009)
- *ADHD: What Do We Know?* and *ADHD: What Can We Do?* - Russell Barkley (Guilford Press, 1995)
- *Dealing with ADHD: Attention Deficit/Hyperactivity Disorder DVD* (Educational Video Network, 2003)
- *Totally ADD Tips for an Organized Life* (Big Brain Productions, 2010)